

# Mrs. Wilson Helps a Young Bride

Menu Which Provides for  
the Entertainment of Two  
Extra Persons Over the  
Week-End

By MRS. M. A. WILSON  
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**LITTLE** bride of a year writes to  
me and makes this request:  
Dear Mrs. Wilson—Please give  
under the Friday Market Basket, a  
Sunday menu for a nice dinner. This  
is to be my anniversary dinner, and  
while I want it to be very nice, I also  
want to keep it at modest cost. I  
expect to entertain my hubby's  
mother and father over Sunday, and  
for this reason, I thought the Sunday  
menu would suit my needs best.

**NEWLY WED.**  
The Friday market basket has proved  
very popular with many housewives, as  
it really has solved the food problem  
when three meals are needed on this  
day, so, little Mrs. Newlywed, I shall  
try to give you a menu that will help  
you over this trying period.

**Sunday**  
Suggestive Menu for Three Meals on  
Sunday

**BREAKFAST**  
Grapefruit  
Cereal and Cream  
Waffles and Bacon  
Honey Butter  
Coffee

**DINNER**  
Orange Cocktail  
Garden Onions  
Celery  
Home-Made Relish  
Roasted Round Steak with Creole Sauce  
Mashed Potatoes  
Canned Peas and Carrots  
Hot House Tomato Salad  
Thousand Isle Dressing  
Apple Dainty  
Vanilla Cream Sauce  
Coffee

**SUPPER**  
Celery  
Gorman Soup Potatoes  
Sliced Tomatoes  
Macaroons  
Tea

The market basket will require grape  
fruit, oranges, celery, garden onions,  
celery, home-made relish, roasted round  
steak, canned peas, potatoes, parsnips,  
carrots, hot house tomatoes, apples,  
celery, olives, bacon, salmon, thick  
cured steak, milk, butter, cream, eggs  
and the usual weekly supplies.

To Make Honey Butter  
Place one cup of honey in bowl and  
set in pan of hot water; add  
Two ounces of butter, (this is four  
level tablespoons.)  
Beat hard while the honey is heating  
in cream well and when hot, serve over  
the waffles.

Apple Dainty  
Pare four apples and, without coring,  
slice very thin. Now place in iron  
billet.  
One cup of brown sugar.  
Five tablespoons of butter.  
Cook for few minutes into thick syrup.  
Now cover the bottom of the pan with  
the thinly sliced apples, and then pour  
over the following batter:  
Place in mixing bowl  
Two-thirds cup of sugar,  
Yolks of two eggs.  
Cream well and add  
Four tablespoons of cold water.  
One cup of flour.  
Two level teaspoons of baking  
soda.

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**Vanilla Cream Sauce**  
Place in saucepan  
One and one-half cups of water,  
One cup of sugar,  
Five level tablespoons of cornstarch.  
Stir to blend the sugar and starch,  
and bring to boiling point. Cook slowly  
for five minutes. Then add  
Two tablespoons of vanilla,  
Juice of one-half lemon.  
And cool, then fold in one cup of  
stiffly whipped cream. Serve.

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